

### **Here We Go**

Here We Go - up, up, up (*stand up on toes*)

Here We Go - down, down, down (*crouch down*)

Here We Go - moving forward (*take a step forward*)

Here We Go - moving backward (*take a step backward*)

Here We Go - round and round and round (*spin*)

### **Hickory, Dickory, Dock**

Hickory, Dickory, Dock, (*Stand, swing arm like pendulum*)

The mouse ran up the clock. (*Bend over, run hand up body*)

The clock struck one, (*clap hands over head once*)

The mouse ran down, (*Run hand down to feet & tickle toes*)

Hickory, Dickory, Dock, (*Stand, swing arm like pendulum*)

### **I Have a Little Wagon**

I Have a Little Wagon (*Hold hand out, palm up*)

It goes everywhere with me (*move hand around*)

I can pull it (*pull hand toward you*)

I can push it (*push hand away from you*)

I can turn it upside down (*turn hand upside down*)

### **I have so many parts to me**

I have two hands to clap with (*clap*)

One nose with which to smell (*sniff*)

I have one head to think with (*tap head*)

Two lungs that work quite well (*take a deep breath*)

I have two eyes that let me see (*point to eyes*)

I have two legs that walk (*walk*)

### **One, Two, Buckle My Shoe**

One, two, buckle my shoe

*(bend over and pretend to buckle your shoe)*

Three, four, shut the door *(pretend to shut a door)*

Five, six, pick up sticks

*(bend down and pretend to pick up sticks)*

Seven, eight, lay them straight

*(make several straight lines with your arms)*

Nine, ten a big fat hen *(flap your arms like wings)*

### **1, 2, 3, 4, 5, Once I Caught a Fish Alive**

One, two, three, four, five! *(count with your fingers)*

Once I caught a fish alive

*(put palms together and wiggle like a swimming fish)*

Six, seven, eight, nine, ten *(Count with your fingers)*

Then I let it go again *(Throw your hands in the air)*

Why did you let it go? *(shrug your shoulders)*

Because it bit my finger so

*(left hand bite pinkie finger on right hand)*

Which finger did it bite? *(shrug your shoulders)*

This little finger on my right

*(wiggle pinkie finger on right hand)*

### **Teddy Bear, Teddy Bear**

Teddy Bear, Teddy Bear, turn around,

Teddy Bear, Teddy Bear, touch the ground.

Teddy Bear, Teddy Bear, reach up high,

Teddy Bear, Teddy Bear, wink one eye.

Teddy Bear, Teddy Bear, touch your nose,

Teddy Bear, Teddy Bear, touch your toes.

Teddy Bear, Teddy Bear, shut the door,

Teddy Bear, Teddy Bear, count to four.

Teddy Bear, Teddy Bear, climb the stairs,

Teddy Bear, Teddy Bear, say your prayers.

Teddy Bear, Teddy Bear, turn out the light,

Teddy Bear, Teddy Bear, say goodnight.

### **Pat a Cake**

Pat a cake, pat a cake, baker's man *(clap hands together)*

Bake me a cake as fast as you can

Roll it *(roll hands over each other)*

And pat it, *(pat hands together)*

And mark it with a B *(draw B in the air)*

Put it in the oven for baby and me *(touch tummy)*

\*Use the first letter of your child's name and say their name instead of baby.

### Say and Touch

Say “red” and touch your head.

Say “sky” and touch your eye.

Say “bear” and touch your hair.

Say “hear” and touch your ear.

Say “south” and touch your mouth.

Say “rose” and touch your nose.

Say “in” and touch your chin.

Say “rest” and touch your chest.

Say “farm” and touch your arm.

Say “yummy” and touch your tummy.

Say “bee” and touch your knee.

Say “neat” and touch your feet.

\*Pause before you say the underlined word, so your child can say it. Point to that body part if your child needs a little help.

### This Old Man

This old man, he played one (*hold up one finger*)

He played knick-knack on my thumb (*knock on thumb*)

With a knick-knack paddywack (*clap hands four times*)

Give a dog a bone. (*Pretend to throw bone over shoulder*)

This old man came rolling home (*roll hand over hand*)

...two...shoe

...three...knee

...four...door

...five...hive

...six...sticks

...seven...heaven

...eight...gate

...nine...line

...ten...over again!

### Two little blackbirds

Two little blackbirds (*hold index finger up on both hands*)

Sitting on a hill

(*softly*) One named soft (*hold up point finger on right hand*)

(*loudly*) The other named loud

(*hold up point finger on left hand*)

(*softly*) Fly away soft (*place right hand behind back*)

(*loudly*) Fly away loud (*place left hand behind back*)

(*softly*) Come back soft (*bring right hand back*)

(*loudly*) Come back loud (*bring left hand back*)

### Up to the Ceiling

Up to the ceiling (*raise hands up*)

Down to the floor (*put hands down*)

Left to the window (*point left with left hand*)

Right to the door (*point right with the right hand*)

This is my right hand -

Raise it up high (*raise right hand*)

This is my left hand -

Reach for the sky (*raise left hand*)

Right hand, Left hand

Twirl them around (*twirl hands one over another*)

Left hand, Right hand

Pound, pound, pound (*hit fists one on the other*)

### **This Little Piggy Went to Market**

This little piggy went to market  
This little piggy stayed home  
This little piggy had roast beef  
This little piggy had none  
And this little piggy went “wee wee wee”  
all the way home!

### **Five Little Monkeys**

Five little monkeys swinging from a tree,  
*(show five fingers on hand)*  
Teasing Mr. Alligator, “You can’t catch me!”  
*(wave pointer finger)*  
*(whisper)* Along comes Mr. Alligator,  
*(put palms together and slither hands like an alligator)*  
Quiet as can be, and  
Snapped that monkey right out of the tree.  
*(Louder, and clap hands on “snapped”)*

Repeat with 4, 3, 2, 1

Away swims Mr. Crocodile  
As full as he can be!

### **Eye Winker**

Eye Winker *(point to eye)*  
Tom tinker *(touch ears)*  
Nose smeller *(touch nose)*  
Mouth eater *(touch mouth)*  
Chin chopper *(tap chin)*  
Chin chopper *(tap chin)*  
Chin chopper chin *(tap chin)*

### **The Family**

This is mama, kind and dear *(point to baby’s thumb)*  
This is papa, standing near *(point to baby’s pointer finger)*  
This is brother, see how tall! *(point to baby’s middle finger)*  
This is sister, not so tall *(point to baby’s ring finger)*  
This is baby, sweet and small *(point to baby’s little finger)*  
This is the family one and all *(wiggle all fingers)*

### **The Itsy Bitsy Spider**

The itsy bitsy spider climbed up the water spout  
*(walk thumb and pointer finger  
up arm like a crawling spider)*

Down came the rain and washed the spider out,  
*(let your fingers trickle down as though raining)*

Out came the sun and dried up all the rain  
*(hold your hands together over your head  
to make a giant circle)*

And the itsy bitsy spider climbed up the spout again.  
*(walk thumb and pointer finger  
up arm like a crawling spider)*

### **Where is Thumbkin**

Where is Thumbkin? Where is Thumbkin?  
*(hold hands behind your back)*

Here I am!  
*(bring out one hand with the thumb up)*

Here I am!  
*(bring out the other hand with the thumb up)*

How are you today, Sir?  
*(Bend one thumb as if it were talking to other)*

Very well, I thank you.  
*(Bend the other thumb as if it were replying)*

Run away. Run away  
*(Each thumb runs behind your back)*

Repeat with: Pointer, Tall Man, Ring Man, and Pinky

### **Ten Fingers**

I have ten fingers *(hold up both hands, fingers spread)*  
And they all belong to me *(point to self)*  
I can make them do things -  
Would you like to see?  
I can shut them up tight *(make a fist)*  
I can open them wide *(open hands)*  
I can put them together *(place palms together)*  
I can make them all hide *(put hands behind back)*  
I can make them jump high *(hands over head)*  
I can make them jump low *(touch floor)*  
I can fold them up quietly *(fold hands in lap)*  
And hold them just so.

### **Round and Round the Garden**

Round and round the garden  
*(draw circle on child's tummy)*

Goes the teddy bear.  
One step, two steps... *(walk your fingers up his chest)*  
Tickle him under there! *(tickle under his chin)*

### **Jack in the Box**

Jack in the box (*cover your eyes*)

Sits so still.

Won't you come out?

Yes, I will! (*throw up your arms*)

### **Row, Row, Row Your Boat**

Row, row, row your boat (*rock back and forth*)

Gently down the stream.

Merrily, merrily, merrily, merrily

Life is but a dream.

### **Humpty Dumpty**

Humpty Dumpty sat on a wall.

Humpty Dumpty had a great fall. (*tip baby back slightly*)

All the king's horses and all the king's men

Couldn't put Humpty together again.

### **Ring Around the Rosie**

Ring around the rosie, (*Hold hands and walk in a circle*)

A pocket full of posies,

Ashes, ashes, we all fall down! (*Sit down*)

Cows are in the meadow, (*Clap*)

Eating buttercups,

Ashes, ashes,

We all stand up! (*Stand up*)